



Co-funded by the  
Erasmus+ Programme  
of the European Union



# “Art Activates Youth in Social Inclusion”

2022-I-EL02-KA151-YOU-000061360

Erasmus+ KA151-YOU  
Learner Mobility – Youth Exchange

Selianitika, Greece

24 June 2023 – 1 July 2023



# OBJECTIVES

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- Enhance and motivate youngsters' awareness about social inclusion via non-formal learning.
- Motivate youth in art workshops as a non-formal tool for enhancing social inclusion.
- Include youngsters with fewer opportunities (social obstacles, financial problems, cultural differences, etc.).
- Develop social skills, team spirit and attitudes of youth, sharing experiences, exchange ideas and empower them with intercultural awareness.
- Cultivate perception, imagination, creativity and being initiative, broaden spiritual horizons, strengthen their attention span as they focus on artistic work.
- Improve the communication skills of youngsters, especially those with fewer opportunities through non-formal art workshops and activities.

# WHEN



## June-July 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					24 June Youth Exchange (Arrival Day)	25 June Youth Exchange
26 June Youth Exchange	27 June Youth Exchange	28 June Youth Exchange	29 June Youth Exchange	30 June Youth Exchange	1 July Travel Day (Departure Day)	

# YOUTH EXCHANGE AGENDA

	Day 1 – Arrival Day Saturday 24 June 2023	Day 2 – Greece Sunday 25 June 2023	Day 3 – Italy Monday 26 June 2023	Day 4 – Romania Tuesday 27 June 2023	Day 5 – Turkey and Hungary Wednesday 28 June 2023	Day 6 – Spain and Cyprus Thursday 29 June 2023	Day 7 – Serbia Friday 30 June 2023	Day 8 –Departure Day Saturday 1 July 2023
08.00-09.00	Arrival of Youngsters at Athens International Airport, Greece	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09.00-09.30		Ice-Breaking Activities Energizers	Energizers	Energizers	Energizers	Energizers	Energizers	Energizers
09.30-11.00		Expectations-Fears-Contributions-Rules	“Discover the EU Values” Workshop	“The 3 Arts” Activity	Visit the Mayor of Aigialeia	Cultural Visit to Archaeological Museum of Patras	Erasmus+ and Youthpass Presentation	Departure of Youngsters from Selianitika, Greece by Shuttle Bus to Athens International Airport, Greece
11.00-11.30		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
11.30-13.00		“Art World Café” Workshop	“Who am I?” Workshop	“Storytelling” Activity	Cultural Visit in the Museum of Aigio	Cultural Visit to Nafpaktos	Art Workshops Preparation	
13.00-16.00		Lunch	Lunch	Lunch	Lunch	Light Lunch	Lunch	
16.00-17.00	Trip by Shuttle Bus from Athens International Airport to Selianitika, Greece	“Build your Own Place through Social Inclusion” Activity	“Social Inclusion”: Theatrical Play-Role Play Game	“Creative Writing” Activity	Discussion with Specialists for Social Inclusion	Cultural Visit to Nafpaktos	Art Workshops Preparation	
17.00-17.30		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
17.30-19.00		Art Workshops Preparation	Art Workshops Preparation	Art Workshops Preparation	Art Workshops Preparation	Art Workshops Preparation	Art Workshops Dissemination Day	
19.00-19.30	Getting to Know the Venue	E-Diary	E-Diary	E-Diary	E-Diary	E-Diary	E-Diary	
19.30-20.00		Reflection	Reflection	Reflection	Reflection	Reflection	Reflection Evaluation	
20.00-21.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21.00-...	Welcome Evening	Walk on Selianitika	Intercultural Night I (Cyprus, Italy)	Intercultural Night II (Spain, Romania)	Intercultural Night III (Turkey, Hungary)	Free Evening	Farewell Evening	

# WHERE



# VENUE

Selianitika, Greece

Athens International Airport - Selianitika  
Distance: 209 km, approximately 2.5 hours



“Hotel Kanelli Beach” in Selianitika, Greece

Website: <http://hotelkanelli.gr/index.php/el/>  
Telephone: +30 26910 72213  
Address: Selianitika Beach, Greece

Youngsters will be accommodated in 4-bed rooms.

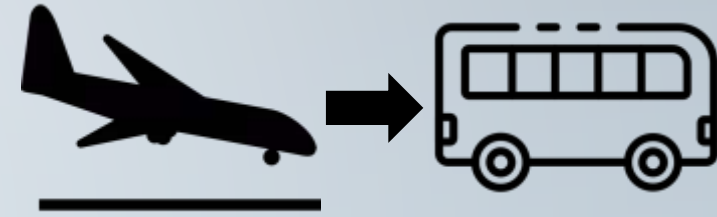


# ORGANIZING YOUR TRAVEL

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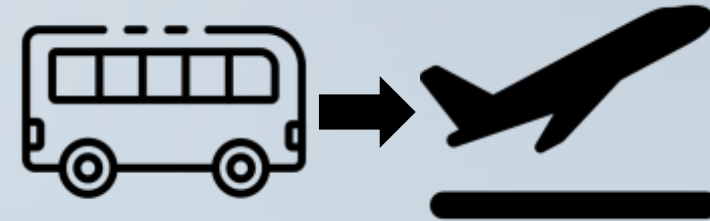


For your way from Athens International Airport to Selianitika we will arrange a shuttle bus to pick you up and transfer you to the venue.



Please book your flights in order to **arrive at Athens International Airport till 15.00** the latest **on 24<sup>th</sup> June 2023** so as to catch the shuttle bus.

We will also arrange a shuttle bus to pick you up from the venue and transfer you to Athens International Airport on departure day.



Please book your departure flights in order to **depart from Athens International Airport after 13.00 on 1<sup>st</sup> July 2023** so as to catch the shuttle bus.

# WHO

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**Partners:** Romania, Italy, Turkiye, Spain, Cyprus,  
Hungary, Serbia

**4 participants** per partner: 18-30 years old (half of  
them with fewer opportunities)

**1 leader** per partner: youth worker (20+), who  
participated in the Preparatory Visit that took place in  
Patras on March-April 2023, experienced in youth  
projects and interested in the topic will participate  
from each partner.



# PARTICIPANTS

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- Youngsters aged 18-30 years old.
- **4 participants** (aged 18-30) + **1 leader** (aged 20+) from each partner.
  - Half of the participants per partner with fewer opportunities.
- Interested in the topic of the project and keen on participating in a participants-driven project.
- Promote a positive attitude at the group level, active engagement and teamwork.
  - Interested in acquiring soft skills through volunteerism and youth work.
    - Have at least a good or basic level of English.
- Application form till 30<sup>th</sup> April 2023: <https://forms.gle/6xgowiowrJwrYixD6>





# FINANCIAL CONDITIONS

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Accommodation, food (breakfast, lunch, dinner) and program materials will be totally covered by the project.

Transportation costs of all participants will be covered by project's budget up to Erasmus+ limits of transportation costs for a certain country, based on Erasmus+ distance calculator.

Buying all tickets is an obligation of participants (with partners' organization support).

**PLEASE DO NOT buy your tickets without having prior confirmation from the coordinator.**

Note that the following costs will NOT be covered by the project's budget: **Taxi, Personal Car, Parking, Extra luggage, Personal Costs.**

**An extra 20€ participation fee, which will not be reimbursed will be asked from the participants for the two trips in Aigio, Patras and Nafpaktos.**

# REIMBURSEMENT



Partner	Distance Band	Reimbursement per person
Greece	0-99km	0 €
Romania	500-1999km	275 €
Italy	500-1999km	275 €
Turkey	500-1999km	275 €
	Visa	100 €
Spain	2000-2999km	360 €
Cyprus	500-1999km	275 €
Hungary	500-1999km	275 €
Serbia	500-1999km	275 €

Mentioned amount is the maximum level of possible reimbursement, according to the European Distance Calculator.

All participants should issue an invoice with the following details:

**Name: Achaia Adult Education Institute**

**Profession: NGO**

**Address: Voriou Ipirou 58, Patras, 26224, Greece**

**VAT number: 998834353**

**Tax Office: 3rd DOY of PATRAS**

# REIMBURSEMENT RULES



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Before booking a ticket, please ask the coordinator for approving the ticket.

After approval of the tickets, you can book the tickets.

Forward all e-tickets and boarding passes to the project's coordinator e-mail.  
Also, bring all original tickets and boarding passes printed during the Youth Exchange.

If tickets are booked in another currency, the amount will be converted to euros (€) according to the currency rate of the day that the tickets were booked according to European Central Bank.

Missing or lost tickets are not reimbursed. Tickets with longer extra stay will NOT be reimbursed.

NOTE: The reimbursement will be done by bank transfer, for all participants in the NGOs' accounts when all documents are fulfilled.

# SAFETY AND HEALTH ISSUES

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## **Health Insurance**

Participants are themselves responsible to get a travel insurance. We do encourage to issue at least the European Health Insurance Card or an Additional Travel Insurance. If anyone who uses medicine should bring with themselves. We don't give any medicines and we don't cover insurance fees.

## **Allergies – Food Preferences – Special Diet**

If there's any person with special diet/allergies, please inform us via the application form mentioned previously in the Infopack. It is especially important for us to know about diets/allergies/special needs.

## **COVID-19 Protocol**

All participants should be fully vaccinated against COVID-19. We apply to all relevant international regulations provided by the Greek law and authorities and we will let you know all the measures against COVID-19 pandemic in force in our region.

# DO NOT FORGET

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Do not forget to bring with you:

- All original tickets and boarding passes (both in printed and online versions)
- European Health Insurance Card or Private Insurance
- ID card and Photocopy of ID card
- Tablet or Laptop per partner
- Brochures and Leaflets of your Organizations
- National Products for Intercultural Night
- Swimsuit – Flip-Flops – Beach Towel - Sunscreen – Hat
- Medicines, if needed
- Pocket Money



# CONTACT US



# COORDINATOR

In case of any additional questions feel more than welcome to contact us:

**Sandy Vamvaka-Christodouloupoulou**

Chairwoman – Contact person

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**Michail Lykouras**

Administrative Officer

Email: michalislyk@gmail.com

Telephone: +30 697 2119953

**Facebook Group:** <https://www.facebook.com/groups/724018696001818>

**Achaia Adult Education Institute**

**Address:** Voriou Ipirou 58, 26224, Patras, Greece

**Email:** sandyvamvaka@gmail.com

**Website:** <http://achaikoinstituto.gr/>

**Facebook:** [Achaia Adult Education Institute](#)

**Instagram:** [achaiaadulthoodeducationinstitute](#)

