

Youth 4 Biodiversity

Infopack

3-part Youth Exchange

Part 1: 15th to 23rd September 2025
Orrefors, Sweden



Co-funded by
the European Union



About the Project

Co-funded by Erasmus+ and run in cooperation with 4 countries: Germany, Sweden, Portugal and Italy, the "Youth4Biodiveristy" project is a 3-part youth exchange program designed to **empower young people to become active agents of biodiversity conservation** by providing them with the knowledge, skills, and tools to engage in environmental action at the local, national, and European levels.

Develop environmental literacy & ecological empathy:

Participants deepen their connection with nature through immersive experiences.

Build critical thinking & systems awareness:

The project promotes systems-thinking competences and how to identify the role of collective action in sustainability.

Equip youth with hands-on experience & practical skills:

Through experiential learning, participants engage in outdoor activities and turn knowledge into action.

**Promote youth-led action
& local impact:**

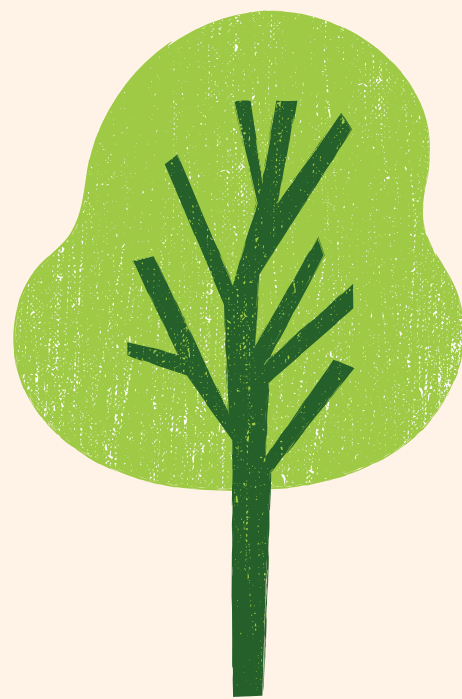
Participants are supported in designing and piloting biodiversity initiatives in their communities.

**Strengthen leadership,
advocacy, and
entrepreneurial skills:**

Participants gain project management, public speaking, and civic engagement competences.

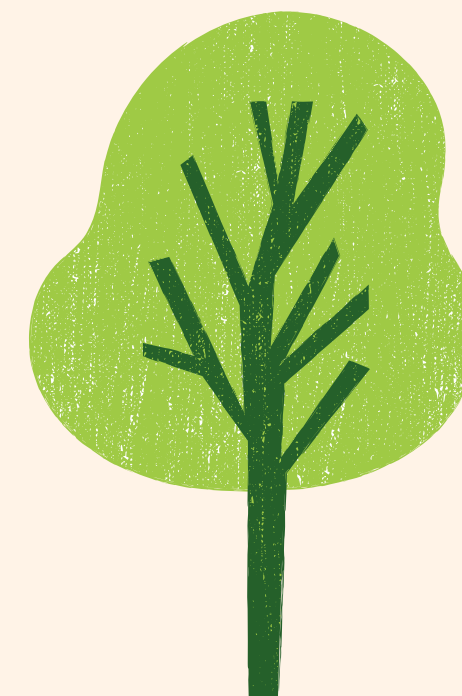
**Facilitate cross-cultural
learning & cooperation:**

The project brings together diverse youth from across Europe to co-create solutions and share practices.



**Support the transition from
activism to sustainable
entrepreneurship:**

Participants explore pathways for green entrepreneurship & funding opportunities.



How is the project planned?

Part 1

Youth Exchange: Understanding Systems – Orrefors, Sweden – September 2025

Participants will explore the root causes of biodiversity loss and its links to economic, social, and political systems through biodiversity mapping, outdoor experiments, role-plays, and nature-based activities.

Local follow-up activities: Raising awareness and local dissemination activities

Part 2

Youth Exchange: Taking Action – Erfurt, Germany – May 2026

This phase focuses on applying nature-based solutions in community contexts. Participants will design and implement practical biodiversity initiatives, combining hands-on workshops, stakeholder engagement, and peer-led problem solving. You will also explore futures literacy, critically assess greenwashing, and participate in policy discussions.

Local follow-up activities: Local biodiversity pilot actions and initiatives

Part 3

Youth Exchange: Entrepreneurial Change – Pietrasanta, Italy – September 2026

The final phase centers on scaling youth-led biodiversity initiatives into sustainable projects. Participants will gain green entrepreneurship skills, explore funding opportunities, and learn how to ensure long-term impact.

Local follow-up activities: local pitching/stakeholder outreach activities

Participant Profile



18–30 years old

Group leaders can be +30 years old

Residing in Germany, Italy, Sweden, and Portugal

willingness to co-create
and sustain biodiversity
projects

interested and potentially available for all
3 youth exchanges and local activities.

interest and
motivation to start
engaging in
biodiversity actions

active participation in
local environmental or
youth initiatives

able to communicate
and understand in
English

migrants and
refugees welcomed

Part 1

Understanding Systems

When:

**15th to 23rd
September 2025**

Where:

Orrefors, Sweden



Accommodation

ORREFORS VANDRARHEM

A Good place for Good people

Hostel is located in south of Sweden, Småland area, which is the most popular vacation area. It's newly renovated place where cultural heritage meets art and crazy ideas. You all will be accommodated in double and triple rooms with shared bathrooms and showers. Towels and duvets are included. Hostel has a big outdoor area, close to forests and lake.



 [booking.com - Orrefors Vandrarhem](https://www.booking.com/orreforsvandrarhem)

 [@orreforsvandrarhem](https://www.instagram.com/orreforsvandrarhem)



What do you need to bring?

1 computer
per team

Camara;
board game;
cards

earplugs

Personal toiletries

Swimming
suit

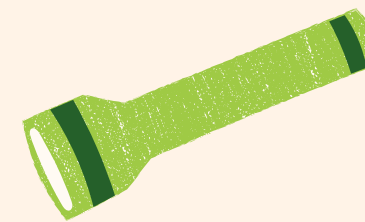
Comfortable
outdoor
shoes

Comfortable
indoor
shoes/slippers

clothes for sports
activities

Warmer clothes for evenings
and rainy days

medication if needed



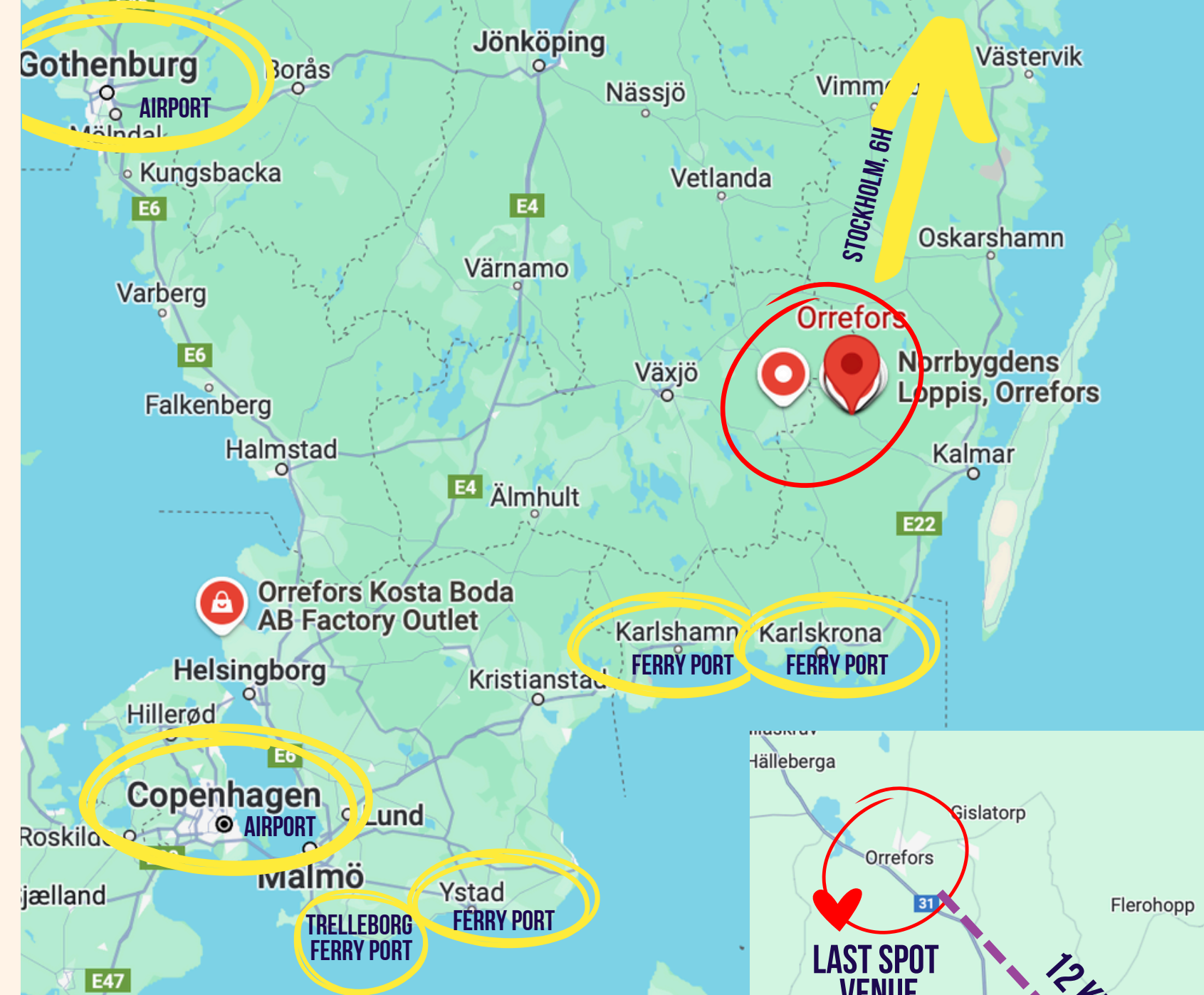
Green Travel

With **sustainability at the core of this project**, we want to inspire you to make sustainable choices.

What is a sustainable choice? To create a **green travel plan**.
At least one-way

How? Choose a route that involves **trains, buses, ferries, or even shared carpooling**.

Plane pollution is a no-go. Let's try to **minimize our CO₂ footprints**.



Address: Silversparegatan 14,
380 40 Orrefors, Sweden.



The best way is to **reach Nybro city**, from there we will pick you up. It is important that we know your arrival time, so that we can plan pickups.

Find train tickets:
[sj.se](https://www.sj.se) and [omio.com](https://www.omio.com)

Find bus tickets from
Stockholm: [flixbus.se](https://www.flixbus.se)

General travelling option:

Find your way to Copenhagen (Denmark) and then travel from there directly by train to Nybro city (duration of 3h).

Ferries:

- Ferry from Kiel (Germany) to Gothenburg (Sweden). From there 3.5 hours by bus/car.
- Ferry from Rostock (Germany) to Trelleborg (Sweden). From there 3.5 hours by bus/car.
- Ferry from Travemünde (Germany) to Trelleborg/Malmö/Karlshamn (Sweden) (1.5h). From there around 3 hours by train/bus/car.
- Ferry from Sassnitz (Germany) to Trelleborg (Sweden). From there 3.5 hours by bus/car.



From Portugal – Suggested Green Route (2–3 Days)

We suggest an overland route from Portugal to Nybro using trains, buses, and regional transport. The journey can take around 48–60 hours, depending on connections.

Recommended route:

1. Portugal → Barcelona

Travel by overnight bus (e.g., FlixBus or ALSA) from Lisbon or Porto to Barcelona (~14–18 hours).

2. Barcelona → Lyon or Toulouse

Continue by high-speed train (TGV) or long-distance bus (~4–6 hours).

3. Lyon/Toulouse → Germany (e.g., Frankfurt, Berlin)

Travel by train (TGV + ICE) or overnight bus (~6–10 hours).

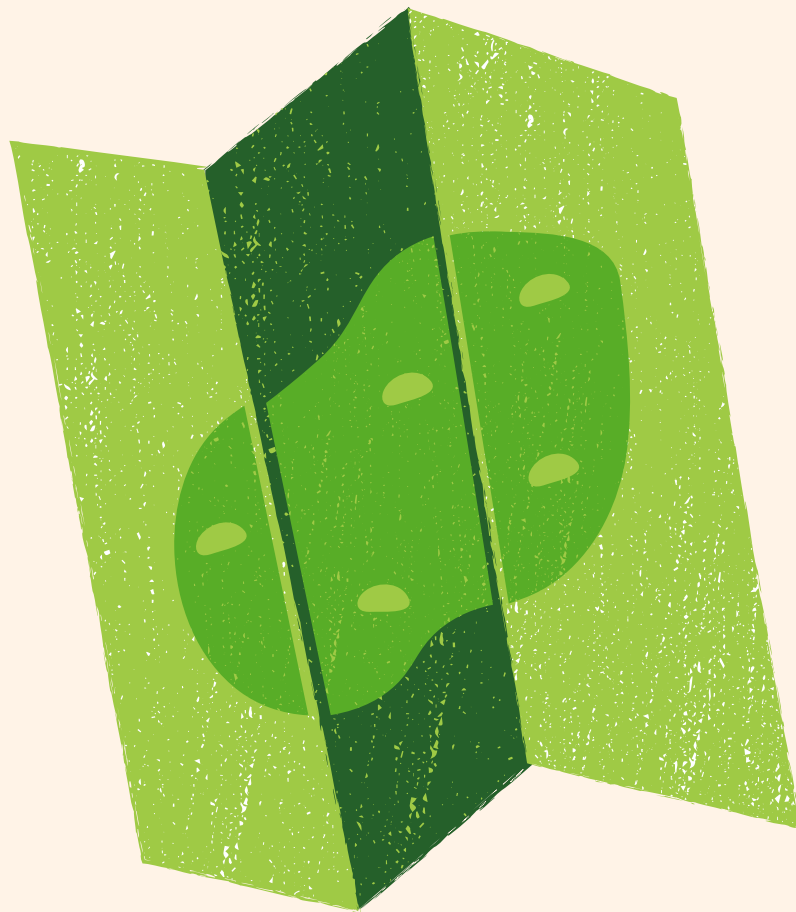
4. Germany → Copenhagen

Continue north by train (~6–11 hours, depending on the city).

5. Copenhagen → Nybro (Sweden)

Take a regional train via Kalmar (~5–6 hours).

This route is flexible and can be adapted depending on your starting city and preferences. Overnight buses and early train bookings can help reduce costs.



From Germany – Suggested Green Route (1.5 – 2 Days)

If you're traveling from Germany, you have several green travel options using trains and buses. The trip can be completed in 1.5 to 2 days, depending on your departure city.

Recommended route:

1. Germany → Copenhagen (Denmark)

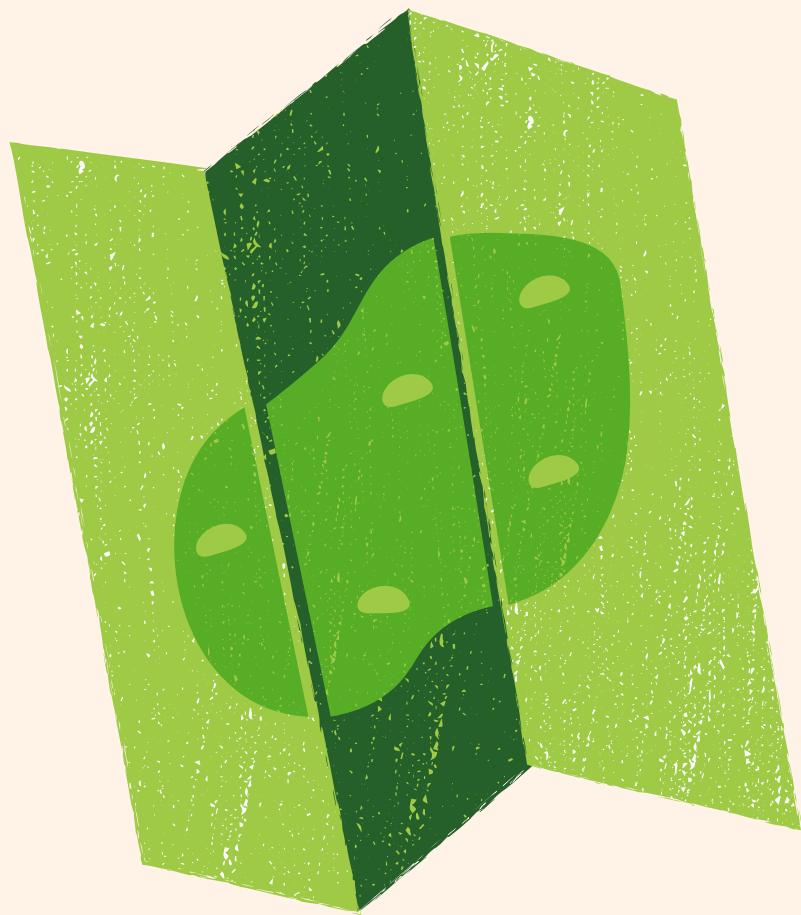
Take a direct train or combination of ICE/EuroCity trains from major German cities:

- Berlin → Copenhagen (~7h)
- Hamburg → Copenhagen (~5h)
- Frankfurt → Copenhagen (~10h, with transfer)

2. Copenhagen → Nybro (Sweden)

Continue by regional train via Kalmar (~5–6 hours). Connections are available with SJ or Öresundståg services.

This route offers a scenic and climate-friendly journey through Northern Europe. Booking trains in advance is recommended for better prices.



From Italy – Suggested Green Route (2 – 2.5 Days)

If you're traveling from Italy, especially from areas like Pisa, Florence, or Bologna, you can reach Orrefors sustainably by combining trains and buses. The journey typically takes 2 to 2.5 days.

Recommended route:

1. Pisa → Milan or Bologna

Travel by regional or high-speed train (~2–3 hours depending on the city).

Both Milan and Bologna have strong international connections.

2. Italy → Germany (e.g., Munich, Frankfurt, Berlin)

Take a direct international train or long-distance bus:

- Milan → Munich (~7h by EC train)
- Bologna → Munich (~6.5h by train or FlixBus)

Night trains or buses also available for longer routes

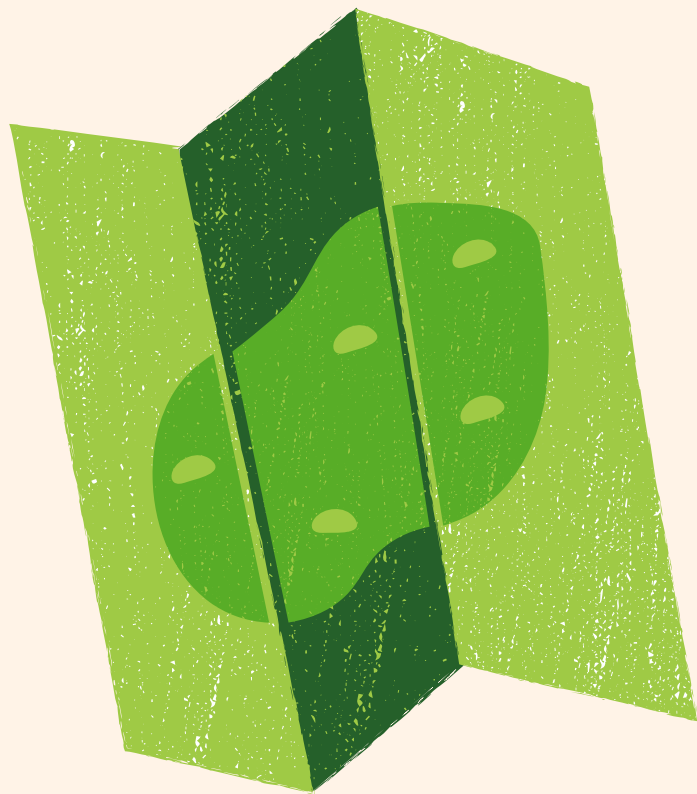
3. Germany → Copenhagen (Denmark)

From Munich, Frankfurt, or Berlin, travel by ICE or EuroCity train (~6–11h depending on city)

4. Copenhagen → Nybro (Sweden)

Continue by SJ or Öresundståg train via Kalmar (~5–6 hours)

This route is flexible and climate-friendly, offering great train connections across Europe. Booking trains and buses early is recommended, and overnight options can help save time.



Travel Reimbursement

The **travel reimbursement** will be done by bank transfer to the participants who will take responsibility for their ticket purchasing. The reimbursement will be done only when the following steps are done by the person in charge of purchasing:

Collect and provide the tickets and invoices;
Make sure there is the price and name of the person on the tickets;
Collect and provide the boarding passes
Engage in follow-up actions

Do not buy any tickets without confirmation from your national team. Before purchasing the tickets, you should always send the travel plan to your sending organization for confirmation, before you proceed.



Travel Budget for Round Trips

Green Travel

Not Green Travel

Sweden

285,00 €

211,00€

Germany

417,00 €

309,00€

Portugal

535,00 €

395,00 €

Italy

417,00 €

309,00 €

Project Partners

Coordinators:

Culture Goes Europe / Germany.

Marianabmatoso@gmail.com

Hosts:

Goodness of People / Sweden

Benita@goodnessofpeople.se

Partners:

Fondazione Toscana Sostenibile / Italy.

Onda Verde – Associação Juvenil de
Ambiente e Aventura / Portugal



Ready to go with us?



**Co-funded by
the European Union**