



Tett-Hely Ifjúsági Egyesület
presents

“GREENFLUENCE”

training course

Here you can find all the useful information you need to stay with us and enjoy this week. For any further questions and for communication when you arrive in Hungary, don't hesitate to contact us on WhatsApp (preferably chat in the group) or via email.

Best wishes and see you soon!

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What is “Greenfluence” ?

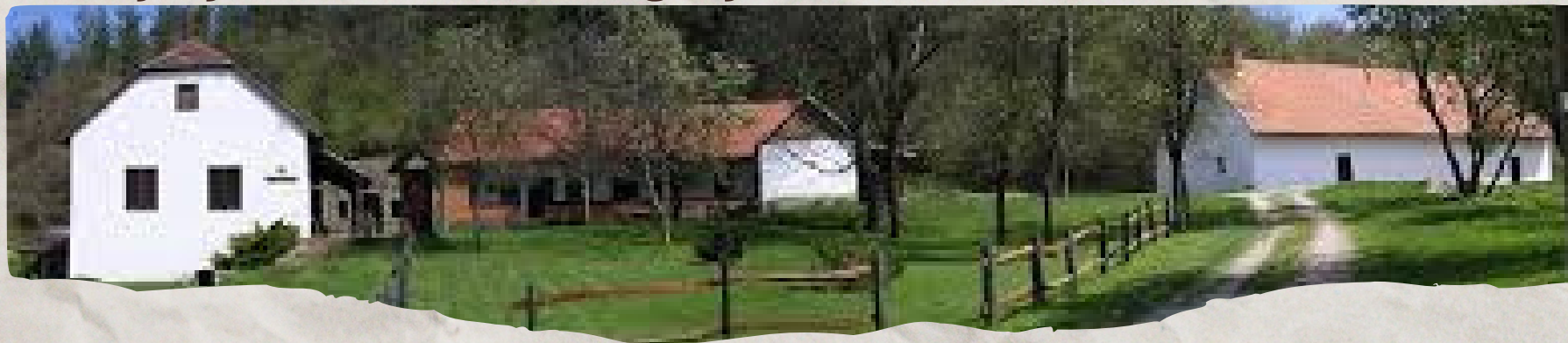
Marking the 7th anniversary of the introduction of the Deep Adaptation framework, developed by Jem Bendell, this training course is built around exploring its key concepts and practical implications. The programme aims to support participants in critically engaging with the challenges related to climate change and societal transformation, while strengthening their competences as educators, facilitators, and active citizens.

Through a combination of experiential learning methods, reflection, and collaborative work, participants will deepen their understanding of green issues on both a personal and professional level. The training will focus on identifying and developing essential skills, mapping individual and group strengths, and designing concrete actions that can be implemented in their local communities and organisations.

(detailed programme will be sent separately)



Click on it!



“Greenfluence” combines “green” (sustainability, environmental awareness) and “influence” (impact, agency, and change-making). The title reflects the core aim of the training course: to empower participants not only to understand green issues, but to actively influence attitudes, behaviours, and practices within their communities and professional environments.

It highlights the role of participants as multipliers—individuals who can inspire and lead others towards more sustainable lifestyles and responsible decision-making. At the same time, “Greenfluence” suggests a dynamic, forward-looking approach, where knowledge is transformed into meaningful action and collective impact.

PREPARATION:

As for the topic of the training course, each team has to become familiar with the basic concept of Deep Adaptation and do some research on the present situation of its own country. Focus on climate change and its results and changes on your country’s economy, industry, and everyday life, as well as possible solutions. Also its effects on both society and individuals. We would be happy to see some short presentations or performances showing us the results of the research so that we can compare each country.

PARTICIPANTS:

6 countries (Croatia, Greece, Hungary, Italy, Spain, Romania)

- 4 people / country: 3 participants (1 with fewer opportunities + accompanying person), aged 18+

YOUTHPASS

Each participant receives a Youthpass certificate after active participation in the programme





VENUE, DATE:

ORFÚ, HUNGARY, 19th-26th JULY, 2026

The accommodation and the activities will be and take place in the same house, called:

„Diás Panzió”

It is located in Orfű, 16km far from the city of Pécs, and the West Mecsek Landscape Conservation Area, it is a tourist accommodation, cave and nature tourism centre and festival venue. Orfű is one of the most important tourist settlements in the region with its three artificial lakes, of which 2 can be used for both swimming and fishing.

In Orfű, in a beautiful and picturesque setting, this two-storey accommodation is located just one minute from the shore of Lake Pécs.

PÉCS

It is the fifth largest city in Hungary, on the slopes of the Mecsek mountains in the country's southwest, close to the border with Croatia.





TRAVELS AND REIMBURSEMENT

Arrival of participants is expected on the 19th of July. First meal provided for participants is DINNER.

Departure of participants is on 26th of July and the last meal provided is BREAKFAST.

Reimbursement of travel costs will only be done upon full attendance of the training activities and presentation of the travel tickets with boarding passes, receipts and invoices. **DO NOT FORGET TO SAVE YOUR BOARDING PASS!** Travel by taxi is usually not eligible for reimbursements. If the participant paid for the ticket with a credit card, s/he is requested to hand out the confirmation of payment (i.e. credit card slip and/or bank statement).

Here you can find the official **DISTANCE CALCULATOR**:

Travel Distance	Green Travel	Non-Green Travel
100 - 499 km	285 EUR	211 EUR
500 - 1999 km	417 EUR	309 EUR
2000 - 3999 km	535 EUR	396 EUR



Transport TO and FROM the venue + INVOICE

Budapest Airport - Pécs - Orfű

1. **VAT INVOICE:** In case of public transport in Hungary, travel reimbursement can be implemented only if **VAT invoice** is given with the purchase of the tickets. It is only possible to ask for one at the ticket office in person, no possibility via online purchase!

When you buy a ticket, you have to ask and say the following, I suggest you write it down and give it to the ticket seller. (it's the name, address and tax number of our association)

„ÁFÁS számlát kérek!” = I need VAT invoice.

Tett-Hely Ifjúsági Egyesület

7624 Pécs

Szent István tér 17.

tax number: 18317961-1-02



HOW TO GET TO PÉCS:

The nearest international airport that you might need to use is Budapest Liszt Ferenc International Airport. (BUD)

TRAVEL TO PÉCS:

BY TRAIN: Direct trains run from Budapest Keleti Railway Station to Pécs, approximately 3 hours.

BY BUS: Buses from Budapest to Pécs are also available.

Shuttle services may be organized closer to the event.

BY CAR: In Orfű, parking is free of charge, Address: 7677, Orfű, Dollár utca 9.

PÉCS - ORFŰ / FINALLY! :)

You can either take the bus or we will pick you up at the bus station...

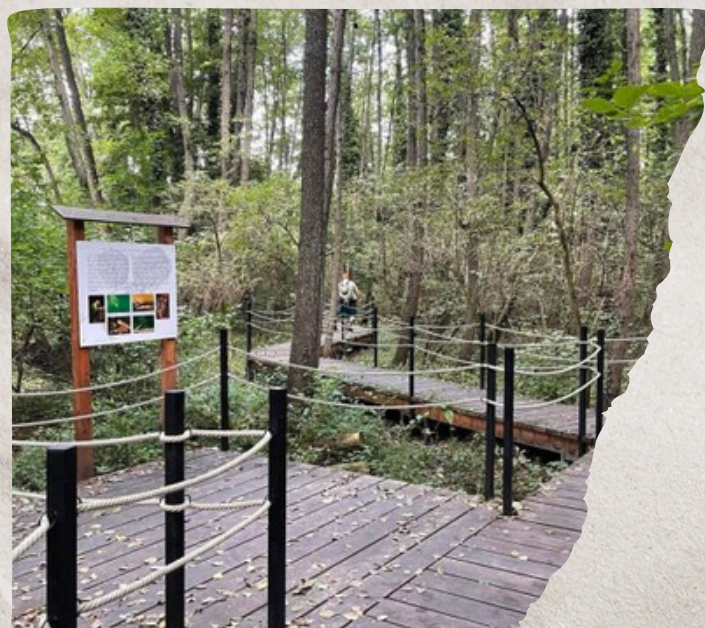


CATERING:

Three times meal/day will be provided by Us and you will have some snacks during the day!

Do not forget to inform us about your food allergies or any special dietary needs well on the GOOGLE application form. !!! Participants will cover all the other personal expenses by themselves.

There are 2 shops, several buffets, bistros and restaurants in the village of Orfú, as well as a tobacco shop.



OUR CURRENCY AND PRICES:

The Hungarian currency is called Forint.
1 EUR = 370-400 HUF

approximate prices, min :

- 0.5l mineral water: €0.50
- 0.5l coca cola: €1.00
- a pocket of crisps: €1.50
- a bar of chocolate: €1.00
- hamburger: €7-8

Debit-bank card is accepted in all shops.

INSURANCE:

European Health Insurance Card + Travel Insurance

Important !!! All participants are required to obtain the European Health Insurance Card but it is not an alternative to travel insurance. It does not cover any private healthcare or costs or for lost/stolen property. As each country's healthcare system is different, services that cost nothing at home might not be free in another country. We advise you to take a travel insurance as well! The organisation does not accept civil liability for any accidents or theft during the training course.



WELCOME

WHAT TO BRING:

- Your passport or ID Card
- Medicines - if you need them (anti-allergy pills, painkillers, diarrhoea pills, etc.)
- European Health Insurance Card + Travel Insurance
- All your travel tickets, and boarding passes, because we can only give you back the travel costs if you have all documents either in electric or paper format.
- Towel and bath accessories, toiletries.
- Bed sheet and linen are provided.
- Swimsuit
- Slippers, sports shoes, raincoats and comfortable clothes, for chilly evenings: pullover and pants.
- bottle – bring a bottle to refill – water is drinkable all over Hungary, in case it's not, it is marked.



- Traditional drinks, food, promotional materials to present your country and hometown during the intercultural evening. Each country will have to make a presentation which can be anything from a drama play to an interactive game. Try not to show only youtube videos and/or power point presentations. Make it as interactive and creative as you can!
- Information about your organization.



Visa, Mastercard cards are usually accepted everywhere.

(For using public toilets, you may need some coins or banknotes)



Erasmus+

